



## SCHOOL HEALTH CLUB PROJECT SUMMARY.

Ugunja Development Initiative (UDI) is a youth-led community based organization currently implementing a school health club pilot project in twenty-two schools of Ugunja sub county with an aim of empowering adolescents and youths towards making informed decisions and building their leadership capacities through funding and partnership with Rotary International, Sasa Harambee & Utumishi Rotary club of Nairobi.

The School Health Clubs Project shares on a weekly basis through an interactive peer to peer model information around common teen concerns such as menstrual hygiene, sexual reproduction, Socially Transmitted Disease, Gender based violence, drugs and other topics. Nine Hundred and twenty seven youth, both boys and girls are involved in grades 7 -12.

Many gains can be seen especially in the area of girls empowerment to lead and to participate in cross gendered conversations. School attendance has improved and numerous teachers indicate improved class participation in other areas. For more information see the dig deeper quarterly report by UDI.

- Establish and operationalize the school health club.
- Provide Monthly technical support to school health clubs.
- Conduct Monthly champions training on various Sexual reproductive areas.
- Conduct one education and sensitization session with 1,760 parents.
- Procure and Support 462 girls with sanitary towels Monthly.
- Procure and support 924 boys and girls with underpants to improve hygiene.
- Identify trained and untrained teachers on school health and sexual reproduction.
- Support quarterly project oversight review by MOH & MoE to assess project impact.
- Identify school WASH needs.

Quarter one achievements;

- 100% school health club set up and operationalized.
- 79% general set target for the first quarter of implementation. (June 91%, July 71%, August 76%).
- 92% general champions attendance during Monthly training.
- 36% parents' attendance during education and sensitization on various sexual reproduction areas.
- Over 100% of girls supported with sanitary towels in the first quarter during the Monthly meetings.
- 100% of the club members supported with at least four underpants during the quarter.
- 64% of teachers have basic training on sexual reproductive health and school health.
- Increased hygiene in schools despite no school having a standard modern recommended toilet.
- 100% achievement on oversight quarterly project supervision by sub county MOH, MoE.
- From analysis, the project uptake was rated at 80% in all schools within quarter one.
- Champions leadership capacities also rated at 80% in all schools with girls taking the lead.
- Established need for documentation and reporting of SGBV cases, teen pregnancies, STIs, drugs & substance abuse, menstruation related complications and management.

**Project Impact.**

- Increased behavior changes in most schools both club members and general school learners.
- Reduced school girls' absenteeism as a result of sanitary towels.
- Reduced school indiscipline cases.
- Improved personal and environmental hygiene.



- Improved confidence and approaches by parents in addressing adolescents and youths' sexual reproduction issues.
- Increased parents-learners' relation and communication.
- Improved confidence in learners seeking space for dialogue with teachers on WASH, sexual reproduction issues and academics, resulting in increasing performance among club members in a number of schools.
- Established a kitchen garden for both commercial and domestic consumption as a result of empowered champions.
- There is a notable scramble to join the school health club due to the model and topics covered by the project.
- STI related cases increasingly reported during Month two after the club session.
- Improved learner's confidence to address issues affecting them both in school and home.